

Positive Solutions for Shared Parenting is one 4 hour class taught in an educational and interactive format that specifically addresses the needs of parents who are dealing with post-separation conflict.

Positive Solutions for Shared Parenting is designed to build on the skills and information provided in the mandatory parenting class for divorcing parents.

Parents who are already participating in parent coordination or co-parenting counseling will benefit from this class as well as parents who are simply seeking additional strategies for negotiating conflict.

Positive Solutions for Shared Parenting utilizes a variety of teaching methods including videotaped scenes depicting common problem scenarios; demonstration of healthy methods for communication and problem-solving; group discussion; and the presentation of psychoeducational materials.



Positive Solutions for Shared Parenting

*An advanced skills class for divorced or
separated parents.*



The goals of the class include:

- ◆ Establishing and maintaining a co-parent role.
- ◆ Understanding the impact of parent conflict on children.
- ◆ Developing a child-focused co-parent perspective.
- ◆ Building effective communication skills.
- ◆ Learning how to avoid conflict or to defuse it when it occurs.
- ◆ Gaining problem-solving and negotiation strategies.
- ◆ Increasing strategies for resolving day-to-day co-parent conflict.

Fee for the class is \$125.00 per person (\$35.00 per person with certified certificate of indigence). Fee includes a copy of a book provided in advance. Parents are expected to attend separate classes unless both parents agree to attend the same class. If stepparent or significant other attends with you their fee is reduced to \$75.00.

Participants must pay for the class at the time of registration. Due to the limited class size, no refunds will be given unless the class is full when your registration is received. Classes may be cancelled for low attendance and refunds will be issued. Parents are encouraged to first attend one of the mandatory educational classes for

divorcing parents offered in each county. This class is **not** a replacement for the mandatory class, but instead builds skills from the information learned in the mandatory class.

TO REGISTER, MAIL OR FAX THE REGISTRATION FORM AND FEE TO THE OFFICE HOSTING THE CLASS YOU WISH TO TAKE. YOU MAY ALSO CALL AND REGISTER USING A CREDIT CARD.

<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
Jan. 14	9:00 a.m.-1:00 p.m.	Dr. Parnell

Teresa F. Parnell, Psy.D.
 121 W. Sybelia Ave. Maitland, FL 32751
 Phone: 407-862-2722 Fax: 407-831-1252

Barbara E. Kelly, Ph.D.
 2700 Westhall Lane Ste 110
 Maitland, FL 32751
 Phone: 407-475-1025 Fax: 407-475-1027

*Also offered from 2:00 p.m. to 4:00 p.m. for a separate fee is *Writing a Practical Parenting Plan: Tips for Parents*. For more information contact either Dr. Kelly or Dr. Parnell.

REGISTRATION FORM

NAME: _____

PHONE: _____

ADDRESS: _____

EMAIL ADDRESS: _____

REFERRED BY: _____

I WOULD LIKE TO ATTEND CLASS ON: _____

IF YOU WANT TO BE SURE YOU ARE NOT ATTENDING THE SAME CLASS AS YOUR CO-PARENT, PLEASE WRITE THEIR NAME HERE:

PAYMENT METHOD:
 CHECK ENCLOSED or
 CHARGE TO:
 MC VISA DISCOVER
 # _____
 EXP _____
 SIGNATURE _____
 SECURITY CODE _____

Thank You. You will receive a confirmation of your registration and directions along with your class book.